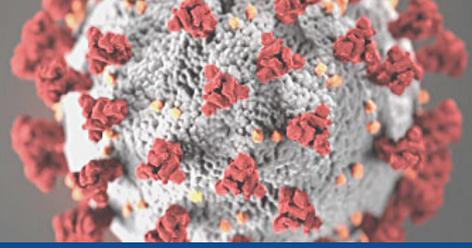


# COVID-19 PREVENTION



## HOW TO PROPERLY USE FACE COVERINGS

When wearing a face covering, it is important to know how to use it and clean/dispose of it properly. Keep in mind; face coverings are only effective when used in combination with frequent hand washing and if they are used and removed properly. This handout will provide tips on how to properly use face coverings to slow the spread of COVID-19.

### STEP ONE

Before putting on a face covering, wash your hands with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer with at least 60% alcohol if soap and water are not available.



### STEP FIVE

If your face covering is a single-use disposable mask, throw the used mask directly in the trash. If your face covering is a reusable cloth face covering, wash it in a washing machine before wearing again.



### STEP TWO

Cover your mouth and nose with the face covering. Make sure there are no gaps between your face and the face covering. If your face covering has a metal piece along the bridge of your nose, will need to gently bend and mold the metal against your face.



### STEP SIX

Immediately after removing your face covering, wash your hands with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer with at least 60% alcohol if soap and water are not available.



### STEP THREE

Avoid touching the face covering while using it. If you do touch it, wash your hands with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.



### STEP FOUR

To remove the face covering, grab the tie strings or elastic straps. Do not touch your face or the part of the mask that covers your face.



### ADDITIONAL GUIDANCE ON FACE COVERINGS



- Face coverings should be worn in public settings.
- Face coverings should also be worn if you are caring for others who are sick. If the person who is sick is not able to wear a face covering, then you should wear a face covering when in the same room with them.
- Face coverings are not a substitute for social distancing. When you must go out, maintain a distance of at least six feet between yourself and others.
- Masks or cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The cloth face coverings recommended are not surgical masks or N-95s. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders.

If you have additional questions regarding Coronavirus (COVID-19), please call the Bay County Health Department at 989-895-4009 ext. 6. If no one answers, leave a voicemail and you will receive a return call within 24 hours.

Bay County Government has a close partnership with the United Way of Bay County and Bay Community Foundation, so we also encourage residents to call 2-1-1 during this time if you need additional assistance or resources.

**Help us  
FLATTEN THE CURVE!**



SOURCE: Center for Disease Control



**FOR MORE INFORMATION PLEASE VISIT: [BAYCOUNTY-MI.GOV/HEALTH](http://BAYCOUNTY-MI.GOV/HEALTH)**